



# Early Literacy Kit : Textures & Sensory Guide

## About This Kit

The items and activities in this kit will help your child get ready to learn about concepts that will prepare them for school. Here are some ideas to get you started and practice at home. Follow your child's lead and have fun!

## What's included:

- Board book
- Picture book
- Hands on activities
- Literacy tips
- Rhymes & songs
- Discussion topics
- DIY ideas

## Facts - Did you know?

Did you know that the sense of touch is the first sense to develop in humans? Grasshoppers have hairs all over their body to detect air movement.

## Activity 1: Touch & Feel Board

Explore what's under each lid on the texture board with your little one.

Ask them to describe what it feels like.

Have them touch the board with their eyes closed.

What texture is their favorite and why?  
Which is their least favorite and why?



## Board Book Suggestions

- Don't Touch This Book! by Bill Cotter
- My Big Touch-and-Feel Concepts Book by Xavier Deneux
- Hello, Frog: by Sophie Ledesma
- See, Touch, Feel: A First Sensory Book by Ellie Boulwood

## Picture Book Suggestions

- Goldilocks and the Three Bears by Mara Alperin
- Tap the Magic Tree by Christie Matheson
- What is Touch? by Jennifer Boothroyd
- Press Here by Herve Tullet

## Literacy Tip #1

Children learn through all of their senses, so exploration of shapes and letter forms via puzzles, play dough, sensory tables, and body movements all help children build their letter knowledge. Sorting games and matching activities directly involve shape recognition and prepare children to recognize small differences in letters.

## Discussion: Let's Talk About Textures

Use these questions to help explore this concept!

- Look around, how many things can you find that are smooth?
- How many items can you find that are bumpy?
- Do you have anything furry in the house?
- What animal looks like they are spikey?
- Describe the how this object feels! Do you like this texture?
- Which texture do you like best in a stuffie? Would you want a rough or furry stuffie?

## Activity #2: Sensory Sticks



Touch and feel the different items on the sticks. Have your child compare them side by side and point out the differences.

## Literacy Tip #2

Use everyday things to make learning fun! Tissue boxes and paper towel rolls make great building materials. Go outside and explore. The more you see and do together, the more your child learns.

## Songs & Rhymes

**Song: When I Touch**  
(Tune: Where is Thumbkin)

When I touch, when I touch,  
I can feel, I can feel.  
Whether something's bumpy  
Hard, soft or lumpy.  
Cold as ice; warm and nice.

### Action Rhyme: Smooth Road

A smooth road, a smooth road, a  
smooth road, a smooth road  
A bumpy road, a bumpy road, a  
bumpy road, a bumpy road  
A rough road, a rough road, a rough  
road, a rough road  
A hole!

\*Bounce your child on your lap to match the texture of the road  
Let them "fall through" to the floor.

## Try This at Home

Go on a "texture" hunt in your home!

Have your child help you find objects with a variety of different textures! Look for items that are soft, hard, smooth, rough, silky etc.

Then help them group together things that are similar.



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