

ESL Conversation Club: Aging

Warm-up:

Head, shoulders, knees, and toes, knees and toes.
Head, shoulders, knees, and toes, knees and toes.
And eyes and ears and mouth and nose.
Head, shoulders, knees, and toes, knees and toes.

Warm-up:

A happy hippo hopped and hiccupped

Conversation Questions in Groups of 2 People:

- Do you have any grandparents? How old are they?
- What do you think is the best thing about getting older?
- What activities do older people in your family or community enjoy doing?
- How do you feel about the idea of growing older?
- What age do you think is considered "old"?
- Do you think people should retire when they reach a certain age? Why or why not?
- What are some of the challenges that older people face in daily life?
- Do you think older people should be given special discounts or privileges? Why?
- What kind of health concerns do older people typically have?
- How can society help and support older individuals?

- What are some common stereotypes about aging that you've heard? Do you think they are true?
- How do you imagine your life will be when you are older?
- What advice would you give to someone who is afraid of getting older?
- Do you think people become wiser as they age? Why or why not?
- Have you ever spent time with older people? What did you learn from them?
- How do you think technology can benefit older individuals?
- What role do older people play in passing down traditions and culture?
- Do you have any elderly neighbors or relatives whom you help or spend time with?



Vocabulary to Practice

- Elderly (adjective) - (of people) old or getting old.
- Senior (noun) - an older person, especially one who has a lot of experience of life.
- Retirement (noun) - the act of leaving your job and stopping working, usually because you are old.
- Pension (noun) - an amount of money paid regularly by the government or a private company to a person who does not work anymore because they are too old or have become ill.
- Wrinkles (noun) - lines on your face and skin that you get when you are old.
- Grey hair (noun) - hair that is turning grey, often because of age.
- Memory (noun) - the ability to remember information, experiences, and people.
- Wisdom (noun) - the ability to use your knowledge and experience to make good decisions and judgments.
- Elder (noun) - an older person, especially one who has a position of respect in society.
- Independence (noun) - freedom and the ability to make your own decisions.
- Mobility (noun) - the ability to move easily and freely.
- Health care (noun) - the set of services provided by a country or an organization for the treatment of physical and mental illnesses.
- Loneliness (noun) - the feeling of being unhappy because you are alone or do not have anyone to talk to.
- Active (adjective) - doing things that require physical movement and energy.
- Exercise (noun) - physical activity that you do to make your body strong and healthy.
- Socialize (verb) - to spend time when you are not working with friends or with other people in order to enjoy yourself.
- Grandchildren (noun) - the children of your son or daughter.
- Leisure (noun) - time when you are not working or studying and can relax and do things you enjoy.
- Wisdom (noun) - the ability to make good decisions based on knowledge and experience.
- Respect (noun) - a feeling of admiration that you have for someone because of their personal qualities or achievements.

