

ESL Conversation Club: Staying Cool In the Summer



Idiom of the Week:
Dog days of summer.

Tongue Twister:
A proper copper coffee pot.



Conversation Questions in Groups of 2 People:

1. What kind of clothes do you wear in the summer to stay cool and comfortable?
2. Do you wear hats to protect yourself from the sun in the summer? What kind of hats are popular in your culture?
3. How do you make sure you drink enough water to stay hydrated in hot weather? Do you have any favorite drinks?
4. Do you look for shade when you're spending time outdoors in the summer? (e.g., under trees, umbrellas)
5. Do you enjoy cooling off in a pool, lake, or ocean during the summer? Share a favorite memory!
6. Do you have any favorite summer snacks or frozen desserts that help you cool down? (e.g., ice cream, watermelon)
7. Did you enjoy playing in sprinklers or having water fights as a child to cool off in the summer? Share a fun memory!
8. Do you use air conditioning or a fan at home to stay cool in the summer? Are there any traditional ways to cool down in your culture?
9. Do you like rainy days in summer? Why or why not?
10. Do you prefer to spend time outdoors in the early morning or evening hours when the weather is cooler?
11. Do you take cold showers or baths to cool down in the summer?
12. Have you ever tried putting a wet towel on your neck or forehead to cool down? Does it work for you?
13. Do you use any cooling body sprays or mists to feel cool in the summer?
14. What are some must-have items you bring with you to the pool or beach to stay cool in the summer? (e.g., sunscreen, towel, sunglasses)
15. Do you enjoy making or eating frozen treats like popsicles or ice pops in the summer?
16. Do you find that eating lighter meals like salads are more refreshing in the summer heat?
17. Do you enjoy exercising outdoors in the summer, or do you prefer to wait for cooler weather?
18. Do you think having plants around your house can help keep it cooler in the summer? Why or why not?
19. Do you have any favorite indoor games or activities you enjoy doing in the summer to stay cool and avoid the heat?
20. Do you have any tips or tricks you use to stay cool in the summer that you'd like to share with others?

