

# ESL Conversation Club: Changing Your Mind



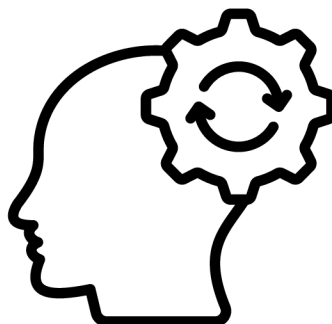
Idiom of the Week:  
Turn over a new leaf.

Tongue Twister:  
A noisy noise annoys an oyster.



## Conversation Questions in Groups of 2 People:

1. Have you ever disliked a food or drink but later enjoyed it? What changed your mind?
2. Is there something you used to dislike but now secretly enjoy?
3. Do you think it's important to try new things, even if you don't like them at first? Why or why not?
4. Have you discovered a **hidden talent** or skill that you thought you wouldn't be good at?
5. Have you ever tried something you didn't like because your friends or family asked you to try it?
6. Have your food **preferences** changed as you've gotten older? What did you dislike as a kid that you like now?
7. Can you think of a hobby or activity you disliked but now enjoy? What made the difference?
8. Have you developed a taste for a new food or **cuisine** while traveling? What was it?
9. Have you ever changed your **opinion** about something after seeing it **portrayed** differently in a movie, TV show, or book?
10. Is there something you disliked in the past that you'd be willing to try again today?
11. Have you ever changed your mind about a food or activity because you learned about its **health benefits**?
12. Can **positive peer influence** help you discover something you might enjoy? Share an example.
13. Have you ever overcome a dislike of something by **facing your fear** or challenging yourself?
14. Do you think it's okay to change your mind about something?
15. Do you think being open to new experiences and changing your mind helps you **grow as a person**?
16. Have you ever tried something you didn't think you'd like because someone strongly recommended it?
17. Can you think of a **bad habit** you used to have that you were able to change or overcome?
18. Have you ever surprised yourself by discovering a **hidden talent** or ability?
19. Do you think **cultural background** influences what we like and dislike? Share examples.



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## Definitions:

1. bad habit: (noun phrase) A regular behavior that is difficult to stop and often has a negative impact.
2. cultural background: (noun phrase) The customs, beliefs, and traditions of a specific group of people.
3. facing your fear: (verb phrase) Dealing with something that you are afraid of.
4. food preferences: (noun phrase) The types of food that someone likes to eat.
5. grow as a person: (verb phrase) To develop and mature as a person, learning and improving over time.
6. hidden talent: (noun phrase) A skill or ability that someone has that is not obvious or widely known.
7. opinion: (noun) A belief or judgment about something.
8. positive peer influence: (noun phrase) The positive impact that friends or peers can have on someone's behavior or choices.
9. portrayed: (verb) To describe or represent something in a particular way, often through a story or image.

